

School of Health Sciences (SOHS)

PSYC460 Sports Psychology (3 semester hours)

Students will examine human behavior in a sport and exercise setting. They will understand that enhancing individual performance is a primary objective of sport psychology. Students will learn how to create a psychological skills training program, which incorporates theories of anxiety reduction, imagery training, and self-efficacy. Current theoretical perspectives of personality factors in exercise and sport, why people exercise, what motivates an individual, exercise/sport adherence, stress, anxiety, and arousal, and the psychological effects of exercise and sport will be investigated. Students will learn the key features of effective goal setting, and apply this understanding to their own professional development.

View the course schedule (<https://www.apus.edu/course-schedule/details.html?c=PSYC460>) to find out details about each course including prerequisites, course objectives, course materials, a snapshot of the syllabi, and session dates.

SCIN255 Principles of Pathophysiology and Pharmacology (3 semester hours)

This course introduces students to the fundamental physiological principles of disease and injury and the mechanisms and use of drugs in the care and treatment of humans. It is intended to prepare students for careers in the health sciences and healthcare systems (medical assisting, medical technology, radiologic technology, respiratory therapy, health information management, medical coding, etc.). Initial lessons provide an overview of cellular injury, inflammation, immunity, drug naming, classification, and common mechanisms of drug action. Later lessons examine the common diseases and medications affecting each organ system. (Prerequisite: HIMA100)

View the course schedule (<https://www.apus.edu/course-schedule/details.html?c=SCIN255>) to find out details about each course including prerequisites, course objectives, course materials, a snapshot of the syllabi, and session dates.

SOHS393 Special Topics in Health Industries (3 semester hours)

This course will cover emerging issues or specialized content related to the Health Sciences programs. This course will allow for professional collaboration between various health industry students and approach content from a global perspective. Topics will vary based on current trends and themes in the health sciences industry.

View the course schedule (<https://www.apus.edu/course-schedule/details.html?c=SOHS393>) to find out details about each course including prerequisites, course objectives, course materials, a snapshot of the syllabi, and session dates.